

Name of applicant: _____

Education Requirements For Admission To The Examination For MFT

Instructions: If you are applying for MFT or IMFT and have a degree that is COAMFTE accredited it is not necessary to complete the coursework sheet. Please type or print clearly. **Once a course is used to fulfill an area it cannot be used again. Please include course descriptions and syllabi. Please refer to board rules 4757-25-01 of the Administrative Code.**
 Content area descriptions are on the reverse side of this worksheet.

Content Area	Course Number	Course Title	Content Description
Marriage and Family Theory Studies #1			
Marriage and Family Theory Studies #2			
Research			
Professional Ethics			
Individual and Family Development			
Appraisal of Individuals & Families			
Family Therapy: Diversity, Multicultural Issues			
7. Practicum: Minimum 2 semesters or 3 quarters supervised clinical practicum with 500 hours direct client contact. 50% of the 500 hours with couples & families.			(Also include the name and address of site(s) and the name and license information of the supervisor(s) along with documentation of internship/practicum hours completed; please refer to Practicum Evaluation Form)

TWO courses from the following four areas in marriage and family therapy.

Content Area	Course Number	Course Title	Content Description
1. Couples Therapy			
2. Family Therapy: Children/Adolescents/Young Adults			
3. Sexuality and Family Therapy			
4. Substance Abuse in MFT			

(Marriage and family therapy coursework shall include at least **two graduate courses in paragraph (A)(3)(a) and paragraph (A)(3)(b)** of this rule and at least **one graduate course in paragraphs (A)(3)(c) to (A)(3)(g)** of this rule of the following areas of marriage and family therapy :

(a) Marriage and family therapy theory studies: Courses in this area should present a fundamental introduction to marriage and family studies, including the historical development of the relational/systemic perspective and empirical foundations of the field of marriage and family therapy. This area facilitates students developing knowledge of the early and contemporary theories of MFT. It should provide a substantive understanding of the major theories of systems change and the applied practices evolving from each theoretical orientation. Major MFT theories include but are not limited to: strategic, structural, contextual, Bowenian, narrative, solution-focused, object relations, experiential, emotion focused, and internal family.

(b) Clinical treatment of individuals, couples and families: Courses in this area facilitate students developing competencies in systemic hypotheses, treatment planning and interventions specifically designed for use with a wide range of diverse individuals, couples, and families, and includes a focus on evidence-based practice and empirically supported treatment modalities. The courses in this category may focus on areas such as:

(i) Couples therapy: theories and skills in providing therapy with couples, including family of origin issues, new marriages, marriage preparation, multi-cultural issues, partnerships, and divorce.

(ii) Family therapy with children, adolescents, or young adults: training in unique diagnostic and treatment considerations in working with children, adolescents, or young adults, including collaboration with medical providers and educational systems.

(iii) Sexuality and family therapy: the physiological, psychological, and sociocultural variables associated with sexual identity and sexual behavior including sexual dysfunctions.

(iv) Substance abuse and addictive disorders in marriage and family therapy: This course covers the physical and psychological aspects of psychotropic medication, alcohol, and other substances on relationships and behavior as well as systemic treatment approaches to substance use disorders.

(c) Research: This course facilitates students developing competencies in marriage and family therapy research and evaluation methods and in evidence-based practice, including becoming an informed consumer of couple, marriage, and family therapy research.

(d) Professional ethics: Courses in this area shall include the "American Association for Marriage and Family Therapy" (AAMFT) code of ethics, confidentiality and liabilities of clinical practice and research, professional ethics as a marriage and family therapist, professional socialization, and the role of the professional organization, licensure, state and federal legislation, independent practice and inter professional cooperation. Religious ethics courses and moral theology courses do not meet this requirement.

(e) Individual and family development: This course shall address individual and family development and biopsychosocial health across the lifespan from a systemic perspective.

(f) Appraisal of individuals and families: Course content shall address from a relational/systemic perspective, psychopharmacology, physical health and illness, traditional psycho diagnostic categories, and the assessment, diagnosis, and treatment of major mental and emotional disorders, including the appropriate use of the current edition of the "Diagnostic and Statistical Manual for Mental Disorders."

(g) Family therapy with diverse, multicultural and/or underserved communities: This course facilitates students developing competencies in understanding and applying knowledge of diversity, power, privilege and oppression as these relate to race, age, gender, ethnicity, sexual orientation, gender identity, socioeconomic status, disability, health status, religious, spiritual and/or beliefs, nation of origin, immigration status, housing status, or other relevant social categories, in the practice of marriage and family therapy. This includes developing competencies in working with sexual and gender minorities and their families as well as anti-oppressive practices.

(h) Practicum: Includes a supervised training experience consisting of the provision of marriage and family therapy to clients and is acceptable to the board as defined in paragraphs (A)(3)(f)(i) to (A)(3)(f)(v) of this rule.