

## Education Requirements For Admission To The Examination For Marriage And Family Therapist.

**Instructions:** If you are applying for MFT or IMFT and have a degree that is COAMFTE accredited it is not necessary to complete the coursework sheet. Please type or print clearly. **Once a course is used to fulfill an area it cannot be used again. Please include course descriptions.** The degree must total 90 quarter or 60 semester hours. **Please refer to board rules 4757-25-01 of the Administrative Code.**

The coursework must include at least one graduate course in each of these areas of marriage and family therapy. Content area descriptions are on the reverse side of this worksheet.

Content Area	Credit Hours	Course Number	Title	Dept. Taught In
1. Marriage and Family Studies				
2. Systems Theory				
3. Research				

4. Professional Ethics				
5. Human Development				
6. Appraisal of Individuals and Families				
7. Practicum: Minimum 12 months supervised clinical practicum with 300 hrs direct client contact. Fifty percent of the 300 hours with couples and families.				(Also include a description and the name and license information of the supervisor.)

**The marriage and family therapy coursework must include four courses in marriage and family therapy.**

Title	Credit Hours	Course Number	Dept. Taught In/Content
1.			
2.			
3.			
4.			

**Marriage and Family Studies:** Courses in this area should present a fundamental introduction to marriage and family studies. The student should learn to think across a wide variety of family structures and a diverse range of issues (i.e. gender, culture, and substance abuse). Topic areas may include but not limited to: family development, subsystems, blended families, gender issues in families, and cultural issues in families.

**Systems Theory:** Courses in this area should address the historical development, theoretical and empirical foundations, and contemporary conceptual directions of the field of marriage and family therapy.

**Research:** Courses in this area should assist the student in understanding and performing research. Topic areas may include: research methodology, qualitative and quantitative methods, and statistics.

**Professional Ethics:** Courses in this area must include the “American Association for Marriage and Family Therapy” (AAMFT) code of ethics, confidentiality and liabilities of clinical practice and research, professional ethics as a marriage and family therapist, professional socialization, and the role of the professional organization, licensure or certification legislation, independent practice and inter professional cooperation. Religious ethics courses and moral theology courses do not meet this requirement.

**Human Development:** Courses in this area should provide knowledge of personality development and its normal and abnormal manifestations. The student should have relevant coursework in human development across the lifespan, which includes special issues that should be integrated with systems concepts. Topic areas may include but are not limited to: human development, psychopathology, personality theory, and human sexuality. Test and measurement courses do not meet this requirement.

**Appraisal of Individuals and Families:** Courses in this area shall include the framework for understanding the individual, couple and family group, psychological and educational testing, and the assessment and treatment of major mental and emotional disorders.

**Practicum:** Includes a supervised training experience acceptable to the board consisting of the provision of marriage and family therapy to clients. Minimum 12 months supervised practicum with 300 hours of direct contact with individuals, couples, and families. Fifty percent of the 300 hours must be with couples and families present. This requirement may be completed during masters or doctorate degree. Refer to rule 4757-25-01 (A)(3)(g).

**Marriage and Family Therapy:** Courses in this area should have a major focus on advanced marital or family systems and systemic therapeutic interventions. This area is intended to provide a substantive understanding of the major theories of systems change and the applied practices evolving from each theoretical orientation. Major theoretical approaches include but are not limited to: strategic, structural, object relations, behavioral, intergenerational, and systemic sex therapy.