



I graduated from the University of Toledo in 2008 with my MA in community counseling. I worked for eight years at a community mental health agency with the focus on children, adolescent, and family counseling. At that agency, I also served as the crisis team leader for one year. In 2012, I returned to the University of Toledo for the school counseling requirement for my Ohio School Counseling endorsement. I served one year as a consultant to Toledo Public Schools with regards to their critical incident response planning. I also received my LPCC in 2012 and then my LPCC-S in 2013. In 2014, I had the opportunity to take on new challenges with A Renewed Mind, behavioral healthcare agency in Toledo, and accepted the position as Clinical Director of Adult Residential Services. Currently, I oversee the daily operations and program development for one residential program with an additional programs being added later this year. Professionally, I served as the NWOCA president for the 2014-2015 fiscal year and I am the current NWOCA president. Most recently, I serve on the Lucas County Mental Health and Addiction Services Disaster Response Team. I am also a professional member of ACA, OCA, and OACES.

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