

CSWMFT News

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2016
Issue 3

Message from the Chairperson - Matthew Paylo, Ph.D., LPCC-S



**COUNSELOR,
SOCIAL WORKER
& MARRIAGE
AND FAMILY
THERAPIST
BOARD**

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In July, my CSWMFT Board colleagues were gracious enough to elect me Board Chairperson. I want to thank Charlie Knerr, IMFT-S, the outgoing Chairperson, for her work on behalf of the Board this last year. I also want to thank my colleagues who served this last year as Committee Chairpersons, including Stephanie McCloud, Esq., who served as the Marriage and Family Therapist Professional Standards Committee (PSC) Chair, Terri Hamm, Ph.D., LPCC-S who led the Counselor PSC, and Erin Michel, MSW, LSW, who chaired the Social Worker PSC.

The following Board members were elected by their colleagues to serve as Chairpersons of their respective committees: Dr. Christin Jungers, LPCC-S was elected the Chairperson of the Counselor PSC, Dr. Carl Brun, LISW-S was elected the Chairperson of the Social Work PSC, and Mr. John Heaton, MFT was elected the Chairperson of the MFT PSC. Important work is completed during PSC meetings. The leadership of these Chairpersons will be critical to the success of the Board.

As mentioned in the Executive Director's update in this newsletter, the Board did approve, after lengthy discussion in each Committee and during the full Board meeting, a proposal to increase fees effective 7/1/2017. As a licensee, I am very sensitive to increases in my costs to practice, as I know you are too. A decision to raise fees is never easy. Nonetheless, as a member of a Board charged with protecting the public, I realize that we have to have the right resources to fulfill our commitments both to the public, licensees, and applicants.

The next year will present some challenges and opportunities for the Board to consider. As technology becomes an increasing part of practice, the Board will be reviewing its rules surround teletherapy/e-therapy. While I am on the topic of technology, I cannot forget to mention the new licensing system the Board will begin working to implement during the next year. The Board will also continue to explore how it can communicate more effectively through its web site and other tools to make sure the licensing process is as seamless as possible.

The CSWMFT Board is committed to its public protection role, but does so recognizing the importance of the professions it regulates to the health and well-being of Ohio communities. We are open to your feedback and suggestions. I would encourage you to attend our meetings, read the newsletter, and review proposed rule changes as they are proposed.

Executive Director's Update—Brian Carnahan

At its September meeting, the Social Work Professional Standards Committee set January 1, 2018 as the effective date for implementation of the ASWB Masters Exam. The Masters exam will be required for all persons with an MSW who are not already licensed as an LSW. Prior to January 1, 2018 MSW graduates who are not yet licensed as LSWs may voluntarily take the Masters exam. The Board will post an update to its web site once all forms and processes are adjusted to accommodate the change.

During the July meeting, the Board approved a proposal to seek an increase of application and renewal fees. I asked the Board during its July meeting to approve license application and renewal fee increases. The Board approved an application fee for all license types of \$125, except Social Work Assistants (\$60), and renewal fee increases of \$20-\$25, based on license type. Independent license renewals will increase by \$25, while all others will increase by \$20. Increases in the continuing education provider and program fees were also approved. Program approvals will increase to \$60, while provider approvals will rise to \$250.

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Executive Director's Update - Continued

Continued from page 1:

The Board has taken great pride – and rightly so – in not raising fees since the creation of the Board. This has been possible through the growth of the professions it licenses, as well as good stewardship by Board members and staff. As technology becomes more important to how we provide services, the costs to meet the Board's obligations to applicants, licensees, and the public are increasing. Along with other State Boards and Commissions, the Board will be investing in a new licensing system. The new licensing system will enable us to offer better service, but it comes with an increase in costs we do not have with the legacy system we currently use. We have also adopted State IT services that will ensure we have safe and effective IT capability. Additionally, we would like to make some investments in our ability to offer training through webinars and teleconferences. Many college and university programs, as well as agencies, ask Board staff to speak to groups large and small. Given the number of staff we have and the possible number of speaking engagements, we need to find ways to fulfill as many of these requests as possible while still using staff time efficiently.

***Next Meeting
of the
CSWMFT
Board:***

While the Board cannot commit to another thirty year period of no fee increases, I do think that implementing the increase now and making the investments described above should allow us to significantly limit fee increases in the future.

Board staff are exploring alternative platforms for administering the laws and rules exam. Along with possibly adopting a different way to offer the exam, staff are updating and adding questions to ensure it aligns with current laws and rules.

***Thursday,
November 17
and Friday,
November 18***

Be sure to sign up for e-mails from the Board. We do our best to limit the number of e-mails we send. You can join our e-mail list at <http://cswmft.ohio.gov/SocialWorkers.aspx>.

We are soon approaching the two year anniversary (November 2014) of when the Board chose to discontinue issuing wallet cards. Nearly a full renewal cycle has been completed without issuing wallet cards. Occasionally a licensee will be concerned that they have not renewed their license because they have not received a wallet card. If you hear a colleague wondering about their wallet card, please help us by reminding them that the cards were discontinued.

Please contact me with any concerns or accolades I can share with members of the CSWMFT Board team. I can be reached by e-mail at brian.carnahan@cswb.ohio.gov or phone at 614.752.5161. Licensees and other interested parties are also welcome to attend any of the Professional Standards Committee (PSC) meetings or the full Board meeting. Check out the CSWMFT web site for dates and times. Generally the PSCs meet on the third Thursday of the month in which the Board meeting takes place. Meetings are on the 24th floor of the Riffe State Office Tower. The Board meets, in the public meeting space on the 31st floor of the Riffe State Office Tower, at 1:00 on the Friday following the PSC meetings.



Serving Those Who Serve: Star Behavioral Health Providers - Hannah Thompson, The Ohio Valley Center for Brain Injury Prevention and Rehabilitation

Members of the military, veterans and their family members frequently rely on civilian providers for their behavioral health needs. The reasons for this vary by demographic, but regardless of the reason, the challenges facing the military member remain the same. Civilian providers need training in addition to their professional expertise to fully understand and address the unique issues members of the military and their families bring to the table. Without a way to ascertain that a behavioral health provider has this additional insight and training, military affiliated people seeking help would be faced with the daunting task of finding an appropriate provider.

Star Behavioral Health Providers (SBHP) increases competency among community practicing behavioral health providers and increases visibility to the military member. The Star Behavioral Health Network was created by the Military Family Research Institute (MFRI) in collaboration with the Center for Deployment Psychology (CDP), Indiana National Guard, Indiana Family and Social Services Administration, and the National Guard Bureau Psychological Health program. The program has now been implemented in 7 states. In Ohio, SBHP is administered by the Ohio Brain Injury Program and operated in collaboration with the Ohio National Guard, Ohio Department of Veterans Services, Ohio Mental Health and Addiction Services, the American Red Cross, and OhioCares.

The SBHP Program is a training, dissemination, and referral system for improving the quality of, and access to, behavioral health services for service members, veterans, and the people that care for them. The mission of this program is to provide licensed Ohio behavioral health providers with specific evidence-based training that will help them meet the needs of those impacted by military service. The SBHP Program takes a two pronged approach:

- Provide civilian behavioral health providers and other related professionals with training which raises their awareness of the unique culture of military service, as well as with training in evidence-based treatment options. This tiered training includes:
 - * **Tier One** provides an introduction to military culture and information about deployments.
 - * **Tier Two** provides education about challenges and difficulties that may be present, and are often associated, with military service.
 - * **Tier Three** offers clinical skills that focus on specific evidence –based treatments to address some of the deployment related behavioral health issues facing service members, such as PTSD, traumatic brain injuries (TBI), and suicide.
- Enable military affiliated people to more easily locate the behavioral health resources they need by establishing and maintaining a registry of behavioral health providers who have received the SBHP training. Rather than a static and potentially outdated list of links, the provider information in the registry is regularly verified in order to provide a more accessible experience to the person seeking help.

The SBHP Program in Ohio is building geographically dispersed behavioral health resources for active duty military, Veterans and their families. Ohio ranks sixth nationally in total Veteran population and has a great need for appropriately trained civilian behavioral health providers. In the first eighteen months of administering the SBHP Program in Ohio, over 900 providers have been trained and 117 providers have joined the registry from 34 of 88 counties across the state.

For more information about the training and the registry, please visit <http://www.starproviders.org> for complete details. Please look forward to upcoming trainings in 2017.

If you, or a loved one, is in need of a civilian provider with military cultural training, please visit the registry, available at <http://starproviders.org/services/states/ohio/>.



**STAR BEHAVIORAL
HEALTH PROVIDERS**
Civilian Professionals. Military Sensitivity.



Renewal Update - Rhonda Franklin

License renewal cards are no longer available, for proof of licensure complete the online license verification on the board's website under the "How Do I Find" listing.

The Escrow License /Inactive Status is in full bloom. We have over 700 licensees who have renewed into this status since its inception in March of 2015. We are beginning to receive requests to reactivate licenses. The requirements for re-activation of an escrowed license within five years of being inactive are: 1. Completion of 30 clock hours of approved continuing education, 6 of which must cover ethics. 2. If you held a supervisory designation and wish to re-activate the designation you will need to complete 6 hours of continuing education covering supervision. All hours must be completed within in two years of your activation date.

You must submit proof of completion of the required continuing education with the reactivation request. Once the CE is reviewed the Board will reset your license to enable you to renew as active online. You may request a printed renewal application if this is your preference. If your license is inactive for more than 5 years, additional continuing education, mentorship, or competency based appraisals may be requirements before the license can be re-activated.

Post Program Approval Requests continue to flow in. Please remember to complete your request form prior to your renewal date and complete all information on the form. Missing information can delay the review and approval. Be sure to attach the required documentation. Please double check and be sure to provide the correct mailing address. If the documentation submitted is not sufficient, your post program approval request will be denied. You will then be required to resubmit your request. All requests are reviewed in the order received; resubmissions are not prioritized. Please remember post request should be submitted within 90 days of the completion of the training. Face to face trainings completed within the state of Ohio cannot be post approved.

Note: After October 1, 2016 MFT's will no longer be able to submit post program approval request for trainings completed within the State of Ohio. Instate trainings must be submitted by the program sponsor for pre-approval.

Disciplinary Actions Taken Against Licensees

Social Workers:

- Elizabeth Jones (LISW) Audit Failure. Revocation vacated. Reprimand





Supervision: The Professional Commitment - Tracey Hosom and Brian Carnahan

Supervised work experience (“training supervision”) is a requirement for licensure as an independent licensee. Supervision must be provided by an independent licensee from the same profession as the supervisee. The independent licensee must have a Supervisor designation – an “S”.

Training supervisors are obligated to complete an evaluation for any licensee for whom they provide training supervision. It is important to note that Supervisors are expected to provide a fair and professional evaluation. Supervisors are *not* required to recommend a licensee if, in their professional opinion, the supervisee is not yet qualified for independent practice. The Board relies on supervisors to provide feedback regarding each licensee’s suitability to practice. While it may feel uncomfortable to provide feedback that is less than positive, it is an important aspect of the nature of training supervision.

Supervisors have a commitment to the development of their colleagues. They have to be willing to make themselves available to complete the supervision hours; they must be willing to provide honest and professional feedback that will help the supervisee develop his or her skills. Many see providing this type of supervision as a way of giving back to their profession, and find it to be rewarding.

Supervisees gaining professional experience through training supervision have responsibilities as well. They must actively participate in supervision, document all supervision, and provide the appropriate forms to the supervisor for submission to the Board. Supervisee’s should ask questions and seek out guidance in new and/or developing competency areas. In other words, make the most of this valuable professional experience, training experience is an interactive process.

Licensed social workers are required and licensed professional counselors are required to earn 150 hours of supervision while completing 3000 work hours over a minimum of two years. Licensed Marriage and Family Therapists seeking an Independent MFT license must earn 200 hours of supervision and a minimum of 1000 direct client contact hours, of which 500 must be with couples and families. Review the board rules regarding your professional training experience requirements, and call the Board if you have questions.



Upcoming Events

- **2016 All Ohio Counselors Conference—November 2-4, 2016**
- **2016 NASW Ohio Annual Conference - November 17-18, 2016**