

## Education Requirements For Admission To The Examination For MFT

**Instructions:** If you are applying for MFT or IMFT and have a degree that is COAMFTE accredited it is not necessary to complete the coursework sheet. Please type or print clearly. **Once a course is used to fulfill an area it cannot be used again. Please include course descriptions and syllabi. Please refer to board rules 4757-25-01 of the Administrative Code.**  
Content area descriptions are on the reverse side of this worksheet.

Content Area	Course Number	Course Title	Content Description
<b>Marriage and Family Theory Studies #1</b>			
<b>Marriage and Family Theory Studies #2</b>			
<b>Research</b>			
<b>Professional Ethics</b>			
<b>Individual and Family Development</b>			
<b>Appraisal of Individuals &amp; Families</b>			
<b>7. Practicum: Minimum 2 semesters or 3 quarters supervised clinical practicum with 500 hours direct client contact. 50% of the 500 hours with couples &amp; families.</b>			(Also include the name and address of site(s) and the name and license information of the supervisor(s) along with documentation of internship/practicum hours completed; please refer to Practicum Evaluation Form)

**Five additional courses from the following areas in marriage and family therapy.**

Content Area	Course Number	Course Title	Content Description
1. Family Therapy: Diversity, Multicultural Issues			
2. Clinical Treatment of Individuals, Couples, Families			
3. Couples Therapy			
4. Family Therapy: Children/Adolescents /Young Adults			
5. Sexuality and Family Therapy			
6. Substance Abuse in MFT			

(3) The marriage and family therapy coursework shall have a major focus on marital and family systems and systemic therapeutic interventions. Marriage and family therapy coursework shall include at least two graduate courses in paragraph (A)(3)(a) of this rule and at least one graduate course in paragraphs (A)(3)(f)(v) to (A)(3)(b) of this rule of the following areas of marriage and family therapy.:

(a) **Marriage and family theory studies:** Courses in this area should present a fundamental introduction to marriage and family studies, including the historical development of the relational/systemic perspective and empirical foundations of the field of marriage and family therapy. This area facilitates students developing knowledge of the early and contemporary theories of MFT. It should provide a substantive understanding of the major theories of systems change and the applied practices evolving from each theoretical orientation. Major MFT theories include but are not limited to: strategic, structural, contextual, Bowenian, narrative, solution-focused, object relations, experiential, emotion focused, and internal family.

(b) **Research:** This course facilitates students developing competencies in marriage and family therapy research and evaluation methods and in evidence-based practice, including becoming an informed consumer of couple, marriage, and family therapy research.

(c) **Professional ethics:** Courses in this area shall include the "American Association for Marriage and Family Therapy" (AAMFT) code of ethics, confidentiality and liabilities of clinical practice and research, professional ethics as a marriage and family therapist, professional socialization, and the role of the professional organization, licensure, state and federal legislation, independent practice and inter professional cooperation. Religious ethics courses and moral theology courses do not meet this requirement.

(d) **Individual and family development:** This course shall address individual and family development and biopsychosocial health across the lifespan from a systemic perspective.

(e) **Appraisal of individuals and families:** This course shall include the framework for understanding individuals, couples and families. Course content shall address from a relational/systemic perspective, psychopharmacology, physical health and illness, traditional psycho diagnostic categories, and the assessment and treatment of major mental and emotional disorders, including the appropriate use of the current edition of the Diagnostic and Statistical Manual for Mental Disorders.

(f) **Practicum:** Includes a supervised training experience consisting of the provision of marriage and family therapy to clients and is acceptable to the board as defined in paragraphs (A)(3)(f)(i) to (A)(3)(f) (v) of this rule.

(4) In addition to the coursework listed under paragraph (A)(3) of this rule, the marriage and family therapy coursework completed must include **five courses in the following marriage and family therapy content areas.**

(a) **Family therapy with diverse, multicultural and/or underserved communities:** This course facilitates students developing competencies in understanding and applying knowledge of diversity, power, privilege and oppression as these relate to race, age, gender, ethnicity, sexual orientation, gender identity, socioeconomic status, disability, health status, religious, spiritual and/or beliefs, nation of origin or other relevant social categories, in the practice of marriage and family therapy. This includes developing competencies in working with sexual and gender minorities and their families as well as anti-racist practices.

(b) **Clinical treatment of individuals, couples and families:** This course facilitates students developing competencies in systemic hypotheses, treatment planning and interventions specifically designed for use with a wide range of diverse individuals, couples, and families, including sex therapy, same-sex couples, working with young children, adolescents and elderly, interfaith couples, and includes a focus on evidence-based practice. Courses must include content on crisis intervention.

(c) **Couples therapy:** This course provides theories and skills in providing therapy with couples, including family of origin issues, new marriages, marriage preparation, non-traditional marriages, multi-cultural issues, partnerships, and divorce.

(d) **Family therapy with children, adolescents, or young adults:** This course should provide training in unique diagnostic and treatment considerations in working with children, adolescents, or young adults. This includes collaboration with medical providers and educational systems. The course must include exposure to empirically supported treatment modalities for children and adolescents.

(e) **Sexuality and family therapy:** The physiological, psychological, and socio-cultural variables associated with sexual identity and sexual behavior including sexual dysfunctions. This course should include systemic theory based treatment.

(f) **Substance abuse and addictive disorders in marriage and family therapy:** This course covers the physical and psychological aspects of psychotropic medication, alcohol, and other substances on relationships and behavior as well as systemic treatment approaches to substance use disorders.