



Counselor, Social Worker & Marriage and Family Therapist Board

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What Are Licensed Marriage and Family Therapists?

Licensed Marriage and Family Therapists (MFTs or IMFTs) are mental health professionals licensed by the State of Ohio who are trained to help individuals, groups, families and organizations. MFTs and IMFTs can help with a wide array of relationship issues within the context of the family system, including emotional disorders and help you resolve conflicts or problems relating to marriage and family issues. Marriage and Family Therapists broaden the traditional emphasis on the individual to attend to the nature and role of individuals in primary relationship networks such as marriage and the family.

What Qualifications Do Licensed Marriage and Family Therapists Have?

Licensed Marriage and Family Therapists have specialized knowledge, education and training in the fields of human behavior, marriage and family studies, appraisal of individuals and families, and problem solving. To become a Licensed Marriage and Family Therapist, an applicant must earn a Master's Degree in Marriage and Family Therapy (MFT) and the applicant must pass a national examination. The applicant must complete a two-year post-graduate supervised experience period as a Marriage and Family Therapist before becoming an Independent Marriage and Family Therapist. To keep their licenses, Licensed Marriage and Family Therapists must complete 30 hours of continuing education each two year renewal period.